

# Every OneTouch® meter is designed to make it easy to test your blood glucose and help you manage your diabetes.

Step  
**1**

**Insert** a OneTouch Verio® test strip



Step  
**2**

**Apply blood** to either side of the strip



**And that's it.**  
Your results appear on screen. Our ColourSure® technology will instantly show if your results are **in or out of range**.



Connect to the **OneTouch Reveal® App** for even more insight. See reverse side.

Treatment decisions should be based on numerical result and healthcare professional's recommendation and not solely on where the result falls within the range limits.

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**ONETOUCH®**

# Sync data, seamlessly, from your OneTouch® meter directly to your smartphone. Let's get started....

## 1. Download the FREE OneTouch Reveal® app

- Visit the app store on your mobile device, search "OneTouch Reveal", then install the app



## 2. Activate Bluetooth® on your OneTouch® meter

### For the OneTouch Verio Reflect® meter

- Turn your meter on. Press and hold **OK** until the startup screen appears
- Go to the settings menu > select and activate Bluetooth®



Bluetooth®  
Don't forget to also activate Bluetooth® on your mobile device.

### For the OneTouch Verio Flex® meter

- Press the **OK** button to turn your meter on
- Press the **OK** and **^** buttons at the same time to activate Bluetooth®

## 3. Connect

- Open the OneTouch Reveal® app on your mobile device and follow the on-screen instructions
- When prompted, enter the PIN shown on your meter screen into your mobile device and tap **Pair**



You can also view your account on your computer at [OneTouchReveal.ca](http://OneTouchReveal.ca)

12 3456

Example of a PIN number

## Now you're ready to test and sync!

### (Optional) Share data with your Care Team

- After setup, tap **MORE** and select **Connections**
- Tap **Add a Clinic** and enter the **Clinic Code** provided by your Care Team and follow the rest of the on-screen instructions

Enter Clinic Code

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Discover more at [OneTouch.ca](http://OneTouch.ca) or call **1-800-663-5521**.